

2025 Marine Corps Marathon Weekend Manual Team TMF

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Contacts

Team TMF Primary POC:

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Email: TeamTMF@travismanion.org | maura.lukevics@travismanion.org

Team TMF Secondary POC:

Ally Bailey

Mobile: (757) 735-4815

Email: TeamTMF@travismanion.org | ally.bailey@travismanion.org

Hotel

Hyatt Centric Arlington

1325 Wilson Blvd Arlington, VA 22209 p. (703) 525-1234

** Location of Team Photo on Marathon Day

HOTEL BOOKING LINK

Group Booking Code: G-TMF9

Weekend Events

Friday, October 24th, 2025

HEALTH & FITNESS EXPO:

Hours: 10:00 AM-8:00 PM

Location: The Gaylord Convention Center

201 Waterfront St, National Harbor, MD 20745

**Stop by the TMF Expo booth for swag, giveaways, and packet pickup!

** The Marine Corps Marathon organization will send emails around October 6th for timed entry selection to the EXPO

Saturday, October 25th, 2025

HEALTH & FITNESS EXPO:

Hours: 10:00 AM-6:00 PM

Location: The Gaylord Convention Center

201 Waterfront St, National Harbor, MD 20745

**Stop by the TMF Expo booth for swag, giveaways, and packet pickup!

** The Marine Corps Marathon organization will send emails around October 6th for timed entry selection to the EXPO

Team TMF Cocktail Hour:

Date: Saturday, October 25th, 2025

Time: 5:30 PM - 7:30 PM

Location: The Hyatt Centric Arlington, Grand Ballroom

1325 Wilson Blvd. Arlington, VA

Tickets: Click Here to Register

All runners and immediate family members receive **complimentary tickets to the social. RSVP no later than Friday, October 5th.

Sunday, October 26th, 2025

All Team TMF runners are encouraged to meet in the lobby at **Hyatt Centric Arlington at 5:45 AM** to get a group picture and walk over to the start line together.

MARINE CORPS MARATHON:

Start Time: **7:20 AM

**If you are taking the metro (opens at 5 AM), plan to be in Rosslyn at least 1 hour prior to start.

Start time for wheelchair and hand cycle participants: 7:15 AM

Start Location:

MCM Start Line on Route 110 in Arlington, VA, located centrally between Arlington National Cemetery & the Pentagon.

Waved Start:

New this year - MCM will be a wave start based on your submitted finish time. You will only be permitted in the colored corral on your bib.

TEAM TMF CATERED TENT:

Time: Open 6:15 AM - 3:30 PM

Location: Charity Village, next to the Netherlands Carillon on the Marine Corps War Memorial grounds.

Each runner may credential two guests (children under 10 do not count), and credentials will be issued via QR code to unique email addresses. Guest names and emails must be submitted by Wednesday, Oct. 1

TMF will provide food, refreshments, and coffee for runners, family, and friends. You are welcome to leave your items at the tent before the race starts, but Travis Manion Foundation assumes no responsibility for lost or stolen items.

After you cross the finish line, you'll receive a snack box, then transition from pavement to grass. At that point, turn left immediately to enter the access gate to the tent. If you miss the turn, you'll be directed all the way to the family link-up zone and cannot go back

Getting to the Expo

Take the Metro to Eisenhower Avenue station (yellow line) or Van Dorn (blue line), then enjoy a free shuttle to National Harbor. Shuttles will run on Friday from 8:30 AM to 10 PM and on Saturday from 7 AM to 7 PM.



Expo Packet Pick-Up

All Team TMF participants will have 2 packets to pick up: one will be your official MCM Packet at the MCM Expo (including your race bib) and another with your Team TMF packet (including your official Team TMF Under Armour shirt and other swag items). Team TMF packets are available for pick up at the Expo booth. If you cannot make it to the Expo, please contact Team TMF <u>no later than Friday, October 5th</u> at TeamTMF@travismanion.org to make alternate arrangements.

MCM EXPO HOURS:

MCM EXPO LOCATION:

Friday, October 24th

The Gaylord Convention Center
201 Waterfront St, National Harbor, MD 20745

Hours: 10:00 AM-8:00 PM

Saturday, October 25th

Hours: 10:00 AM-6:00 PM

Expo Packet Release/Proxy Form

In the event that you cannot make it to the MCM Expo to pick up your packet and bib, you may have someone pick it up for you. They must bring a printed version of your E-Card, an ID for themselves, and a copy of your Photo ID. You must complete the portion on your E-card that is designated to authorize the proxy to pick up your bib. All documents must be present in order for the packet to be released. Please contact MCM directly with any questions or Team TMF at TeamTMF@travismanion.org.

PLEASE NOTE THERE IS NO RACE DAY PICK UP. YOU OR A PROXY MUST GET YOUR PACKET DURING MCM EXPO OPERATING HOURS (see hours above).

E-card links will be sent electronically in late October. If you're picking up a packet for someone, please bring your ID and a copy of the participant's ID, or have it readily available on your phone.

MCM Expo Booth



Merchandise

Merchandise will be available at the Travis Manion Foundation Expo booth during Expo operating hours (provided on page 7) on Friday, Oct. 24th, and Saturday, Oct. 25th. This is a great way to meet TMF staff, pick up your TMF packet, and purchase AWESOME attire! The expo map is coming soon.

You don't have to wait until the Expo to take home great TMF merchandise. Our eStore is open 24/7 for our customers. Shop at www.shop.travismanion.org.

Team TMF Social

Tickets: Register Here

Deadline to register- Friday, October 5th, 2025

Date: Saturday, October 25th, 2025

Time: 5:30 PM - 7:30 PM

Location: The Hyatt Centric Arlington, Grand Ballroom

1325 Wilson Blvd. Arlington, VA

Attire: Business casual

Food and Drink: Includes cocktail hour with an open bar and hors d'oeuvres.

^{**} Runners and their immediate family members receive complimentary tickets to the social.

Additional guests are also welcome, please contact Team TMF at

TeamTMF@travismanion.org for additional attendees.

Marathon Day

All Team TMF runners are encouraged to meet in the lobby at **Hyatt Centric Arlington at 5:45 AM** to get a group picture.

We'll walk together to Charity Village and the Team TMF tent, where we'll have a private bag drop and refreshments. Around **6:45 AM**, we'll walk as a group to the start line. Charity runners have a separate entrance from the general public. If you're not meeting at the tent, you can take shuttles or the Metro. Details will be included below.

Hyatt Centric Arlington address:

1325 Wilson Boulevard Arlington, VA 22209

--Metro stop at Hyatt Arlington: Rosslyn Station (located across the street from Hyatt Arlington)

Metro Directions to Marathon Start

Metro **opens at 5:00 AM** on Marathon Day; the closest Metro access to the start is the Pentagon Station

*If you are staying in Rosslyn, it is easier to walk to the start/TMF tent.

We recommend loading money onto your SmarTrip card before race day to avoid lines and stress!

SmarTrip: https://www.wmata.com/fares/smartrip/

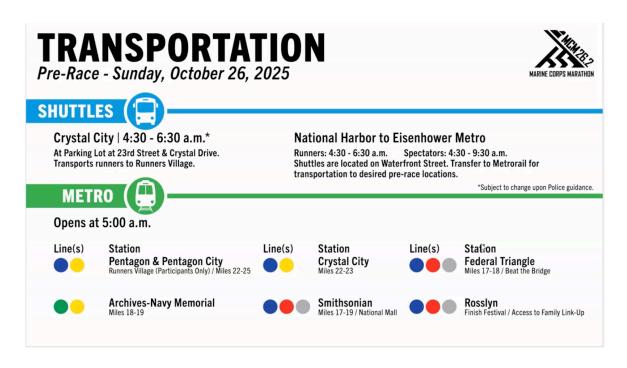
Marathon Start Times

Wheelchair and Handcycle participants: **7:15 AM

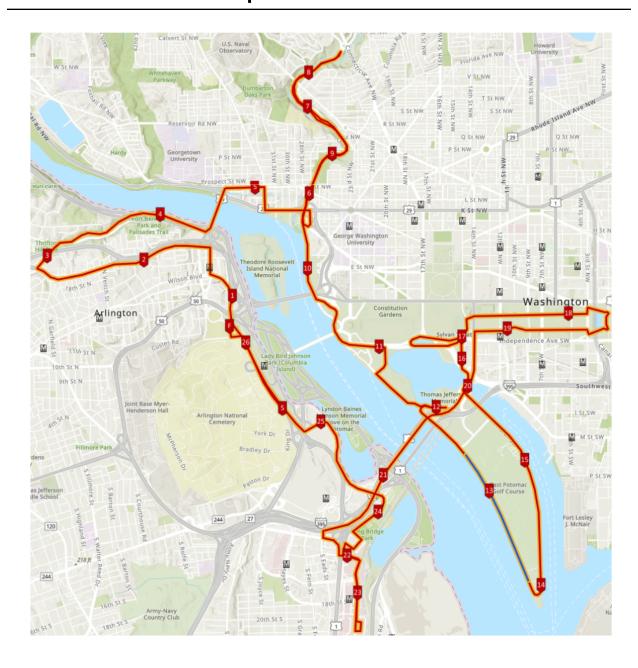
Runners: **7:20 AM

MCM Start Line

MCM Start Line on Route 110 in Arlington, VA, located centrally between Arlington National Cemetery & the Pentagon.



MCM Course Map



Team TMF Tent Location

Please stop by the TMF tent for complimentary snacks, sandwiches, and other treats. This a great place for cheering squads to regroup with runners. And for runners to take a much-deserved seat!





Charity runners will receive War Memorial credentials that grant entry to the Charity Tent and finish line. Each runner may credential two guests (children under 10 do not count), and credentials will be issued via QR code to unique email addresses. Guest names and emails must be submitted by Wednesday, Oct. 1, and if you need more than two, please reach out as we may have a workaround. While these credentials may also provide start line access, it is not guaranteed.

Check your weekly emails from TeamTMF@TravisManion.org for more information about our Team TMF Tent!

Social Media and Remote Runner Tracking

For the Runner—Runner Broadcast Service

Runners may announce their progress every 10K of the marathon course by automatically posting timing updates on their Facebook timeline or over their Twitter feed.

By broadcasting split times, runners can effectively inform every friend or follower of their triumphant trek through the nation's capital.

For the Supporter—Track a Runner

Relatives, friends, and running buddies will all be able to follow a runner's progress along the MCM course in real time.

The virtual support crew can sign up to receive updates for one or multiple runners from the 10K, 20K, 30K, 40K, and finish-line split locations.

The timing data may be delivered by text or email or posted on personal Facebook and/or Twitter pages.

For the most accurate tracking, please download the official MCM app for your phone.

Make sure to tag TMF on social channels using

Facebook: @travismanionfoundation

Instagram: @travismanionfoundation

X: @tmfoundation

#IfNotMeThenWho #HonorTheFallen #WashingtonDC

#RunWithTheMarines #MCM #Arlington

#TeamTMF #MCM2025 #NationalCapitol