



Memorial Day Mason Jar

Directions: Visit <https://www.travismanion.org/fallen-heroes> to learn about a fallen hero. Then, get creative! Try using patriotic colors (red, white, and blue) to decorate your mason jar. Color the star gold as a way to honor our fallen heroes and their families.



MY MEMORIAL DAY MASON JAR IS IN HONOR OF:



TRAVIS MANION
FOUNDATION

POWERED BY 
FREEDOM



Memorial Day Promise Poppy Flower

The poppy flower is one of the traditional symbols for Memorial Day. It is used as a token to remember the bravery of fallen military heroes all over the United States. The poppy can be found growing in fields across the country in red and orange hues.

On the following page, students will design their own promise poppy flower by responding to the prompts below. These prompts focus on four of the 24 character strengths we all possess. The promise poppy flowers will serve as a way for students to honor our nation's fallen heroes and their families this Memorial Day. Students are encouraged to be creative when designing their poppies, using materials such as crayons, paint, glitter, and more.

We encourage you to share your students' promise poppy flowers with a local veterans home or to mail them to TMF. We love to showcase how students are learning about character!

TMF Address: PO Box 1485, Doylestown, PA 18901

We want to see the incredible work your students are doing! Snap a photo, tag @travismanionfoundation, and help us recognize their efforts while honoring our nation's heroes.

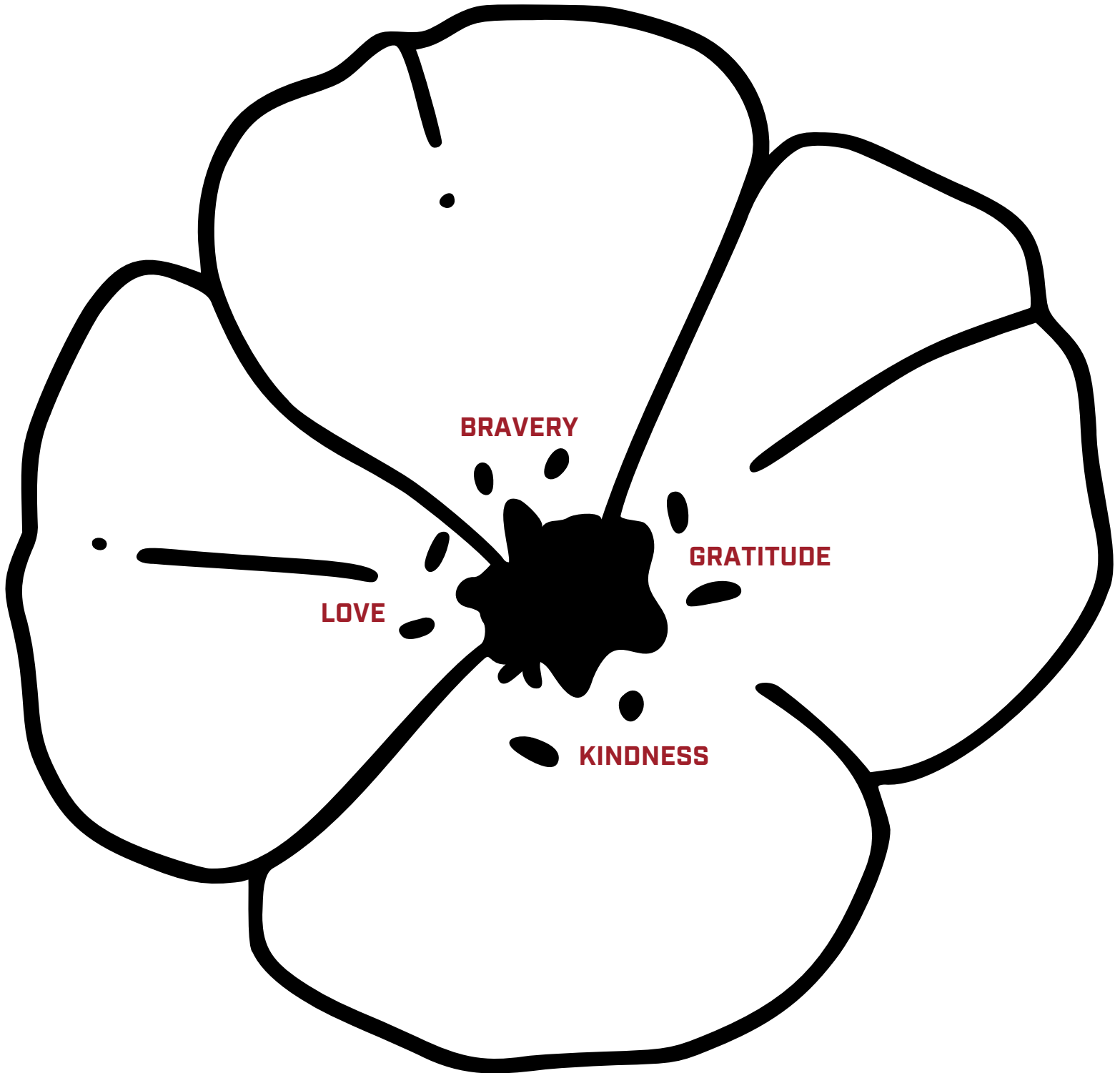
Thank you for helping us inspire the next generation to lead with character and follow our ethos, "If Not Me, Then Who..."

Strength	Definition	Prompt
BRAVERY	Standing firm in personal values, despite opposition	I will be brave by _____ . Examples: Trying a new food, telling the truth when I make a mistake, trying something that may be scary like riding a bike
GRATITUDE	Being thankful for the good things in life	I can show gratitude by _____ . Examples: Thanking a classmate or friend, helping a parent with a chore without being asked, saying thank you to my bus driver
KINDNESS	Taking care of others; being caring, generous and considerate	One act of kindness I can do is _____ . Examples: Helping a neighbor with their trash, cleaning up my room without being asked, holding the door for someone behind me
LOVE	Valuing individual relationships with others	I can show love by _____ . Examples: Giving a hug to a sibling, writing a nice note to a friend, offering to listen to my classmate when they are sad





Memorial Day Promise Poppy Flower



TRAVIS MANION
FOUNDATION

POWERED BY 
FREEDOM



Memorial Day Supplemental Children's Reading List

Explore the meaning of Memorial Day with young readers using this supplemental reading list. These stories serve as valuable tools to help children understand the significance of Memorial Day and honor those who have served.

For a deeper discussion, consider reading the book in advance, identifying key moments for reflection, and preparing thoughtful questions to encourage comprehension and conversation.

TITLE	AUTHOR	SUGGESTED GRADE LEVELS
<i>Why Do We Celebrate Memorial Day?</i>	Kirsten Lake	K-1
<i>Memorial Day</i>	Trudi Trueit	K-2
<i>The Wall</i>	Eve Bunting	K-3
<i>Rolling Thunder</i>	Kate Messner	K-3
<i>Memorial Day, My Hero has Fallen</i>	Alana War	K-5
<i>Arlington: The Story of Our Nation's Cemetery</i>	Chris Demarest	1-5
<i>The Poppy Lady: Moina and Her Tribute to Veterans</i>	Barbara E. Walsh	1-6
<i>America's White Table</i>	Margot Theis Raven	1-6
<i>Twenty-One Steps</i>	Jeff Gottesfeld	2-5
<i>In Flanders Fields</i>	Linda Granfield	2-6

