

# TRAVIS MANION FOUNDATION

#### **OPERATION LEGACY: Service Project Suggestions**

#### Projects you can do from home:

- Write Cards, letters, or drawings to medical staff, first responders, nursing homes, patients, troops or your neighbors
- Write a note of appreciation and tape it on your trash can/ mailbox/front door delivery drivers if you have kids, have them draw a picture!
- Clean out your bookshelf and make a curbside library for the neighborhood
- Organize book drive to give to local literacy programs
- Clean out your closets and and pack up donations for delivery
- Save gently worn jeans your kids have outgrown for kids and teenagers in homeless shelters
- Clean out your pantry and donate non perishable foods to a food bank
- Sew, or purchase online, masks to send out to neighbors, front line workers, medical workers, first responders
- Assemble "care kits" with shampoo, toothbrushes, combs, etc. to donate to homeless shelters or women's shelters
- Carry these kits in your car and drop off to anyone you may see in need
- Call retirement communities in your area to see if they are having a call a resident program or pen pal program!
- Knit scarves and hats to donate to homeless shelters during the winter months

## Projects you can do in your neighborhood (alone or with your family)

- Shovel your neighbor's driveway or sidewalk
- Rake your neighbor's leaves
- Wash your neighbor's car
- Pick up trash on daily walks in your neighborhood (if allowed by community guidelines)
- Offer dog walking services to a neighbor who is at risk
- Clean up a nearby park, trail or playground
- Chalk messages at the end of driveways or on your door if you don't have a driveway
- Elderly neighbor curbside conversations
- Read to kids from the curbside to give parents a break
- Have your neighbors leave food or clothing donations outside for you to pick up and take to distribution points
- Random Acts of Kindness: Call or send a text to check on your neighbors pick up something you know they love at the market and leave it on their porch. Ask if you can pick up items for them they need.

#### Projects in your community (alone or with your family)

- Collect and drop off food donations at food banks (Organize a drive in your community)
- Sponsor a children's group home (kids that are in the foster care system but not placed in homes): Organize a drive and gather items they need include, clothing/shoes, toiletries, bags/suitcases, games, books, snacks
- Collect and drop off clothing donations at collection points (Organize a drive in your community)
- · Collect and drop off old linens and blankets for animal shelter
- Donate blood national blood donation month
- Make and deliver "care kits" with shampoo, toothbrushes, combs, etc. to homeless shelters or women's shelters
- Collect unused makeup and skin care items for domestic violence shelters
- Go grocery shopping for an elderly or at risk neighbor
- Clean up a nearby park or playground
- Roadside trash pick up
- Beach/River clean up
- Bake and take to local fire department
- Clean up hiking and biking trails or vacant lots

#### **OPERATION LEGACY suggestions continued**

#### Volunteer Projects you can attend

- Volunteer at a food distribution center
- Volunteer at a soup kitchen
- Volunteer at a homeless shelter
- Volunteer at a women's shelter
- Walk dogs or clean at your local animal shelter
- Fisher House or Ronald McDonald House: Clean, do projects, cook a meal for those staying
- Meals on wheels (or some similar organization): Deliver meals to those in need, prepare the food, pack up the food
- Donate blood national blood donation month is January!
- Organize a blood drive
- Habitat for Humanity: Volunteer a day on one of their projects
- Impacting others for the better in your community. (When it is safe COVID dependent)
  - Mentoring youth
  - Serving in a Veterans Home or VA Hospital
  - Serving at a Nursing Home or Retirement Facility
  - Nursing home: volunteer to decorate, play games with the patients, run a bingo/game night, manicures

### **Rucking Projects**

- Collect and ruck food donations to food banks and/or shelters if allowed
- Collect and ruck clothing donations to collection points
  Make and ruck "care kits" with shampoo, toothbrushes, combs, etc. to homeless shelters or women's shelters
- Ruck to a clean up site and haul away the trash!
- Playground
- Park
- Hiking/Biking Trails
- Beach/River
- Ruck to the animal shelter and take a dog for a ruck