

2018 Huntington 9/11 Heroes Run – Details & FAQs

Saturday, September 8th

8:00am Registration/Check-In begins

Mill Dam Park Huntington, NY

Below are some FAQs and details for the Huntington 9/11 Heroes Run. Questions? Contact us at huntington@911heroesrun.org.

What is the schedule?

We Recommend arriving between 8:30am-8:45am

At a high-level, the schedule for the day of is:

- 8:00am – 9:00am – Race-day packet pickup and onsite registration
- 9:00am – 9:20am – Fun Run
- 9:20am – 9:35am – Opening ceremonies
- 9:35am – 5K RUN
- 10:30am Awards/Closing Ceremony

When does online registration end?

Online registration ends on 9/5 @ 11:59pm. You can still register in-person at both packet pick-ups and on race day – cash, check, and credit accepted.

Prices after 9/5 will be:

- 5K Individual Registration: \$35
- 5K GORUCK Division Registration: \$35
- Fun Run Registration: \$25
- Family Pack of 4 Registration: \$115
- 5K Active Duty Military or First Responder: \$30
 - 10% discount – will be required to show valid government ID when picking up packet of active duty status

When is packet pick-up?

- Friday September 7th
 - Super Runners Shop located at 355 New York Avenue, Huntington, NY
 - Between 5:00pm-7:45pm
- Race Day beginning at 8:00am

What do I need to bring with me when I pick up my packet and can I pick up someone else's packet?

You will need to bring ID. If you want to pick up someone else's packet, you must have a copy of their ID as well – no exceptions!

Will I get a TMF shirt and a TMF cinch bag? What if I want a different size shirt?

TMF shirts and cinch bags are only guaranteed to all participants who registered by 8/31 @ 11:59pm. You cannot exchange shirts sizes. For the extra TMF shirts and cinch bags, it will be given out on a first come, first serve basis.

Is the race timed and are there prizes for the winners?

The race will be chipped time and three prizes are being sponsored– top male/female and 1-2-3 place through various age groups. The age groups will be announced a day or two before race day.

What time is the Fun Run and when will the 5K start?

The Fun Run will start at 9:00am – the distance is about 1 mile so we're anticipating it to end around 9:15am. The 5K will start once the Opening Ceremonies is complete.

What are the waves?

All participants will line up behind the start line inside Mill Dam Park (will be blocked off starting at 8:45am) and lined up at your leisure according to "race speed". Please pay attention to volunteers who will ensure you're lined up safely!

If we're in the GORUCK Division, will our rucks be weighed?

We are allowing participants to count weight vests, full fire gear, and rucksacks as extra added weight - for this year's run, you're rucking! The weight in your rucksack makes it rucking. If you are under 150 lbs., carry a 10 LB weight and if you are over 150 lbs. carry 20. Like all events we use the honor system.

If we signed up for the GORUCK Division, when will I get my patch?

All patches are being mailed to you – many of you have already received your patch! If you don't receive your patch 1 week after the race, please email huntington@911heroesrun.org.

What is/isn't allowed on the course?

You may bring strollers on the course. Animals are also welcome if properly leashed and handled.

Will there be a bag check?

There will not be a bag check – the parking lot is super close to the start so you can leave your stuff in your car or with a friend.

Will the race happen if it rains?

The race will take place, rain or shine. If it's determined that it's un-safe to run due to inclement weather, we will try to work on rescheduling the race. Details will come out the day before the race. All 9/11 Heroes Runs will go whether rain or shine but in the event of a major weather emergency and your race location must cancel the race, your race fee will not be refunded – however, it will be deemed 100 percent tax deductible as a donation to the Travis Manion Foundation's 9/11 Heroes Run

Will you have raffles or chances to donate money to the TMF?

Don't forget your cash! We will have some packages to raffle off and ways to donate to TMF.

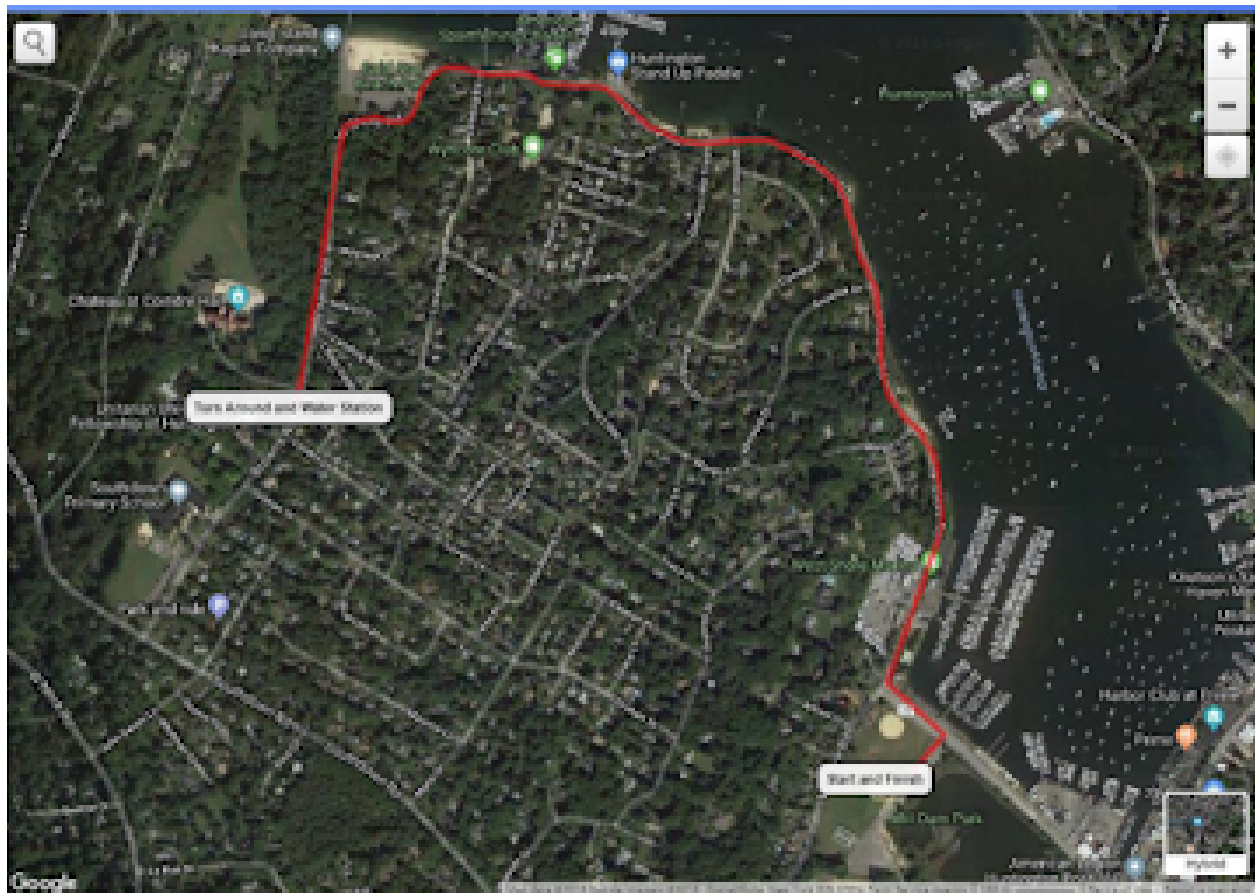
Also, continue to raise money on your personal race page! We will be acknowledging and rewarding the top-3 fundraisers!

Where do I park and where do I go?

There will be plenty of parking inside Mill Dam Park. Please follow the signs and volunteers. Just be aware that road closure will begin at approximately 8:45am to prepare for the Fun Run.

What are the courses like?

See the course maps below! The Fun Run course sticks close to the main start/finish line. The 5K course is a 3.1 mile scenic route along Huntington Harbor with great views. There will be some hilly areas that may be challenging – volunteers will be stationed in many areas to offer assistance and water as needed. Please be safe, above all!



Thanks,

Your Huntington 9/11 Heroes Run Race Director