

# TRAVIS MANION FOUNDATION

## SERVICE EXPEDITIONS FOR SURVIVORS



TMF Service Expeditions are unique, service-based trips designed specifically for families of the fallen. These 4-7 day trips offer surviving families an opportunity to connect with others who understand their loss while honoring their fallen heroes through service.

Each experience offers participants a chance to find community, practice self-reflection and personal development, and form a plan to carry on their loved one's legacy of service.



### ELIGIBILITY

Service Expeditions are open only to spouses, parents, siblings, and children of fallen military heroes. TMF has found the greatest benefits occur when participants are at least 18 months out from their loss.

### WHAT TO EXPECT

Activities and accommodations vary, with most requiring long hours outdoors serving and some incorporating physical challenges like strenuous hikes.



"[THIS EXPEDITION] OPENS A NEW DOOR FOR [SURVIVORS] AND PUTS INTO PERSPECTIVE THAT LOSS IS NOT SOMETHING THAT HAS TO DESTROY YOU. YOU CAN TAKE IT AND TURN IT INTO A BURNING PASSION FOR THE GOOD OF OTHERS."

- SURVIVING DAUGHTER



Each Expedition offers family members of the fallen the opportunity to create sustainable impact in communities through beautification or construction projects, or by assisting vulnerable populations who need their help.



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+ MORE ON THIS TRIP THAN  
+ I COULD HAVE UNDER MY  
+ OWN EFFORTS. IT WAS  
+ HUMBLING TO SERVE  
+ ALONGSIDE SO MANY GOOD  
+ PEOPLE WHO SHARE A  
+ COMMON GRIEF BUT KNOW  
+ HOW TO THRIVE BEYOND  
+ THAT EXPERIENCE."

- FAMILY MEMBER OF  
THE FALLEN



To learn more, visit [travismanion.org/Expeditions](https://travismanion.org/Expeditions) or email Robyn Magee-Skinner, Manager of Survivor Engagement, at [Expeditions@travismanion.org](mailto:Expeditions@travismanion.org).